

# adults term 2

weekend social activities



bookings  
open 9am  
tuesday  
19th  
march

## melbourne west

APRIL – JUNE 2024

# what you need to know

## Provider Travel Costs

Charges will be applied as per the new price guide 1.7.23 which will be detailed at the time of booking

## What to Bring to your Activity

Please bring the following to all activities: backpack with food/snacks (or money to buy), water bottle, companion card (if you have one), myki card and appropriate clothing/footwear based on activity detail. The team will send a reminder and also notify you closer to the activity if there are any additional items to bring.

## Ratios and Staffing for Safety

This program is suitable for people who can be supported in a small group of between 3 and 5 people. If you require 1:1 or 1:2 support please call us to discuss. Safety of our customers and staff is paramount at Leisure Networks. To ensure our groups have a fun & safe time, staff ratios are based on activity risk level, location and group size. You will be charged the appropriate rate based on these considerations.

- ✓ Staff ratios will be based on activities risk level and location.

## The Importance of MYKI

We use public transport for a lot for our programs, so it is vital that all participants have an active MYKI card that is loaded to allow for transport to and from Melbourne and around Geelong (min \$15 is recommended). No MYKI may result in you not being able to attend the booked activity.



Please call us on  
**1300 561 802**  
to discuss any extra support requests.

After hours  
**0434 537 846**

## Funding

Booking and paying the out of pocket costs registers your place on the program, however final confirmation is completed once we ensure you have the sufficient and appropriate NDIS funding available. A new service booking may be required to confirm your place and the Leisure Networks team will work with you to arrange this.

## Departing on Time

We offer participants a variety of activities, including bookings with external organisations, it is very important that the group depart on time. If you are running late, we ask that you call us as soon as possible to let us know. If we have not heard from you and it is more than ten minutes past the scheduled departure time, the group will need to leave and you may miss out on attending the session.

## Changes to Programs

We take the utmost care to ensure all scheduled activities go ahead as advised. However, there may be times where we need to make changes to ensure maximum enjoyment and safety. Circumstances may include weather, public transport, availability of activities or insufficient numbers. We will notify you of any changes and discuss alternative arrangements.

## Out of pocket costs

Out of pocket costs will vary based on the type of activity. We try and keep these costs as low as possible, however they are sometimes necessary to enable us to provide quality programs with new and exciting experiences.

All out of pocket costs must be paid to secure your booking, and you will not be able to take part in an activity if these costs have not been paid prior to attending.

For cash payments or assistance with payments please call 1300 561 802 or email: [assist@leisurenetworks.org](mailto:assist@leisurenetworks.org)

## Cancellations

If you need to cancel a session with Leisure Networks, please let us know as soon as possible by calling the office and registering your formal cancellation:.

### During business hours

Mon-Fri 8.30am-5pm: 1300 561 802

**Out of business hours:** 0434 537 846

Cancellations and refunds will be considered as per your service agreement with Leisure Networks.

## Before & After Hours

At Leisure Networks we understand that sometimes extra support may be required and we are happy to accommodate requests for additional support before or after a program. To assist us to provide this service, we ask that all requests for extra support are received with at least two weeks prior notice. Extra support is deemed anything earlier than 10 minutes prior to the start of a scheduled activity, or any time after the scheduled finish time. NDIS charges apply for these supports.

# independent living

## build your capacity

- Improving and learning in home safety skills
- Routine development
- Connect with community
- Home maintenance

Our three Independent Living programs support you in a group setting to develop your skills and confidence. Work together as 'housemates' to gain skills and insight into living independently outside.

## activity costs

### EMPOWER

OUT OF POCKET EXPENSES \$100 per term  
NDIS ESTIMATE \$1,330

### INSPIRE

OUT OF POCKET EXPENSES \$150 per term  
plus \$220 for the social getaway  
NDIS ESTIMATE \$3,188

### THRIVE

OUT OF POCKET EXPENSES \$250 per stay  
NDIS ESTIMATE \$4,663

\* please note there maybe extra expenses depending on the activity. This will be communicated prior.

## where

DROP OFF & PICK UP  
Leisure Networks, 191 Watton Street Werribee



#connect



MODERATE LEVEL OF ACTIVITY

There are three programs to choose from depending on where you are in your independent living journey.

## empower

Gain confidence to be home on your own, stay safe and prepare some basic meals

## inspire

Take the next steps and explore what it is like to live independently, on your own or with housemates

## thrive

Immerse yourself in the real deal of independent living with monthly stays away from home

## when

EMPOWER

Mondays

INSPIRE

Fridays

THRIVE

Monday till  
Wednesday

THRIVE

Wednesday till  
Friday





# Social Weekends



Our Social Weekends programs are all about getting the most out of your weekend! Based on your suggestions and ideas, we offer a calendar of events that allows you to pick and choose the best activities for you to work towards and achieve your goals.

## From attending you will....

- ✓ Meet new people & develop friendships
- ✓ Make new contacts in your community & widen your *circles of support*
- ✓ Have opportunities to try new things & challenge yourself
- ✓ Build your capacity to access local community & surrounding areas
- ✓ Bring your ideas & help to build the programs that suit your needs



## Book in 3 easy steps

1. Go to website:  
[www.leisurenetworks.org](http://www.leisurenetworks.org)
2. Click on events box
3. Select event and follow the prompts

If an activity is sold out, please put your name on the waitlist. We will aim to create a space for you.

## sunday april 14

### THE PET SHOW

Enjoy live entertainment, animal demonstrations and so much more at Melbourne's annual Pet Show. Bring a packed lunch or money to buy lunch, MYKI and your companion card (if you have one)

AGE 18+ yrs COST \$35

TIME 9:00am - 4:00pm

NDIS FUNDING REQUIRED \$375 (estimate only)

#### DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#discover



MODERATE LEVEL OF ACTIVITY

## saturday april 20

### BBC EARTH EXPERIENCE

Journey through seven continents with narration from David Attenborough. Bring a packed lunch or money to buy lunch, Myki Card and companion card if you have one

AGE 18+ yrs COST \$55

TIME 9:30am - 3:30pm

NDIS FUNDING REQUIRED \$318 (estimate only)

#### DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#discover



LOW LEVEL OF ACTIVITY

## sunday april 21

### KENSINGTON MARKET

Head to Kensington Market and pick up a bargain. Browse plenty of stalls, treats and coffee. Bring spending money if you would like to buy anything. Bring a packed lunch or money to buy lunch.

AGE 18+ yrs COST FREE

TIME 9:00am - 4:00pm

NDIS FUNDING REQUIRED \$477 (estimate only)

#### DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#discover



LOW LEVEL OF ACTIVITY

## saturday april 27

### ARTVO

Immerse yourself in ARTVO, where you become part of the artwork! Bring a camera to take photos and a packed lunch or money to buy lunch, MYKI and your companion card if you have one.

AGE 18+ yrs COST \$30

TIME 9:30am - 3:30pm

NDIS FUNDING REQUIRED \$328 (estimate only)

#### DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#discover



LOW LEVEL OF ACTIVITY

## sunday april 28

### DAY OUT IN DAYLESFORD

Head to Daylesford and explore the beautiful botanical gardens. Stop by the Mill markets and pick up a bargain. Bring a packed lunch or money to buy lunch, and any spending money.

AGE 18+ yrs COST FREE

TIME 9:00am - 4:00pm

NDIS FUNDING REQUIRED \$463 (estimate only)

#### DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#discover



MODERATE LEVEL OF ACTIVITY



## saturday may 4

### STRIKE BOWLING

Play two games of ten pin bowls with friends, at Strike bowling. Bring a packed lunch or money to buy lunch and your companion card if you have one.

**AGE** 18+ yrs    **COST** \$40

**TIME** 9:30am - 2:30pm

**NDIS FUNDING REQUIRED** \$272 (estimate only)

#### DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#getactive    MODERATE LEVEL OF ACTIVITY

## sunday may 5

### PUB LUNCH & LOCAL WALK

Enjoy a hearty pub meal at a local pub in town. Then go for a stroll around a local park or walk way. Bring money to buy lunch (cost covers support workers meals) and comfortable walking shoes.

**AGE** 18+ yrs    **COST** \$20

**TIME** 11:00am - 4:30pm

**NDIS FUNDING REQUIRED** \$378 (estimate only)

#### DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#connect    LOW LEVEL OF ACTIVITY

## sunday may 12

### MINI GOLF

As a group, we'll choose which local venue to play 18 holes mini golf. Bring a packed lunch or money to buy lunch, comfortable shoes, water bottle and your companion card.

**AGE** 18+ yrs    **COST** \$25

**TIME** 10:00am - 4:00pm

**NDIS FUNDING REQUIRED** \$328 (estimate only)

#### DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#getactive    LOW LEVEL OF ACTIVITY

## saturday may 18

### DRAG SHOW @ PIANO BAR

Enjoy all the fun of a live drag show at the Piano Bar. Have dinner at a local restaurant on the way. Bring money for dinner and drinks and bring your companion card if you have one

**AGE** 18+ yrs    **COST** \$45

**TIME** 12:00pm - 5:45pm

**NDIS FUNDING REQUIRED** \$338 (estimate only)

#### DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#connect    LOW LEVEL OF ACTIVITY



## sunday may 26

### NEWPORT LAKE WALK

Head to Newport lake and see the beautiful lake & surrounds. Walk around the lake - approx. 2kms. Bring a packed lunch or money to buy your lunch, water bottle and comfortable shoes.

**AGE** 18+ yrs    **COST** FREE

**TIME** 9:00am - 2:00pm

**NDIS FUNDING REQUIRED** \$362 (estimate only)

#### DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#getactive    HIGH LEVEL OF ACTIVITY







# GRAZELAND





# june



## saturday june 1

### WERRIBEE ZOO

Hop on the Safari bus and see the animals up close and personal. Bring a packed lunch or money to buy lunch, water bottle, comfortable shoes and your companion card (if you have one)

**AGE** 18+ yrs    **COST** \$35

**TIME** 9:30am - 2:30pm

**NDIS FUNDING REQUIRED** \$272 (estimate only)

**DROP OFF/PICK UP LOCATION**

Leisure Networks- 191 Watton Street, Werribee



#discover



MODERATE LEVEL OF ACTIVITY

## sunday june 2

### MOVIES

Watch one of the latest movies at the cinema. Movie to be confirmed closer to date. Please bring a packed lunch or money to buy lunch and extra money for the snack bar.

**AGE** 18+ yrs    **COST** \$25

**TIME** 9:30am - 2:30pm \*Subject to change

**NDIS FUNDING REQUIRED** \$341 (estimate only)

**DROP OFF/PICK UP LOCATION**

Leisure Networks - 191 Watton Street, Werribee



#connect



LOW LEVEL OF ACTIVITY

## saturday june 8

### CELTIC FOLK FESTIVAL

Have a day of fun at the Celtic Folk Festival in Portarlinton with plenty of stalls, live entertainment and culture. Bring a packed lunch or money to buy lunch and comfortable shoes.

**AGE** 18+ yrs    **COST** FREE

**TIME** 9:00am - 3:00pm

**NDIS FUNDING REQUIRED** \$334 (estimate only)

**DROP OFF/PICK UP LOCATION**

Leisure Networks- 191 Watton Street, Werribee



#discover



MODERATE LEVEL OF ACTIVITY

## sunday june 9

### LIVE MUSIC

Enjoy dinner at a local restaurant, followed by live music in town. Bring money to buy dinner (cost covers support workers meals).

**AGE** 18+ yrs    **COST** \$20

**TIME** 4:30pm - 11:45pm

**NDIS FUNDING REQUIRED** \$512 (estimate only)

**DROP OFF/PICK UP LOCATION**

Leisure Networks - 191 Watton Street, Werribee



#connect



LOW LEVEL OF ACTIVITY



june

ADULT WEEKEND PROGRAMS



## saturday june 15

### GRAZELAND

Head to the famous Grazeland in Williamstown. Choose from a variety of food trucks with food from all over the world. Bring money to buy dinner (Cost includes support worker meals).

AGE 18+ yrs COST \$20

TIME 11:30am - 4:30pm

NDIS FUNDING REQUIRED \$329 (estimate only)

DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#connect LOW LEVEL OF ACTIVITY

## sunday june 16

### YOU YANGS WALK

The You Yangs is the perfect scenic destination for a healthy walk. Enjoy fresh air and beautiful views. Bring a packed lunch, comfortable walking shoes, hat and water bottle

AGE 18+ yrs COST FREE

TIME 9:00am - 3:00pm

NDIS FUNDING REQUIRED \$417 (estimate only)

DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#getactive HIGH LEVEL OF ACTIVITY

## saturday june 22

### BURGER BEV & BALLS

Head to Curlewis and hit golf balls at the driving range, enjoy a burger and drink afterwards. Cost includes Burger and Drink.

AGE 18+ yrs COST \$45

TIME 10:30am - 4:30pm

NDIS FUNDING REQUIRED \$334 (estimate only)

DROP OFF/PICK UP LOCATION

Leisure Networks - 191 Watton Street, Werribee



#getactive MODERATE LEVEL OF ACTIVITY



# social weekends planner

## APRIL

THE PET SHOW	Sunday 14th April	9:00am - 4:00pm
BBC EARTH EXPERIENCE	Saturday 20th April	9:30am - 3:30pm
KENSINGTON MARKET	Sunday 21st April	9:00am - 4:00pm
ARTVO	Saturday 27th April	9:30am - 3:30pm
DAY OUT IN DAYLESFORD	Sunday 28th April	9:00am - 4:00pm

## MAY

STRIKE BOWLING	Saturday 4th May	9:30am - 2:30pm
PUB LUNCH & WALK	Sunday 5th May	11:00am - 4:30pm
MINI GOLF	Sunday 12th May	10:00am - 4:00pm
DRAG SHOW @ PIANO BAR	Saturday 18th May	12:00pm - 5:45pm
LASERQUEST	Saturday 25th May	9:30am - 3:00pm
NEWPORT LAKE WALK	Sunday 26th May	9:00am - 2:00pm

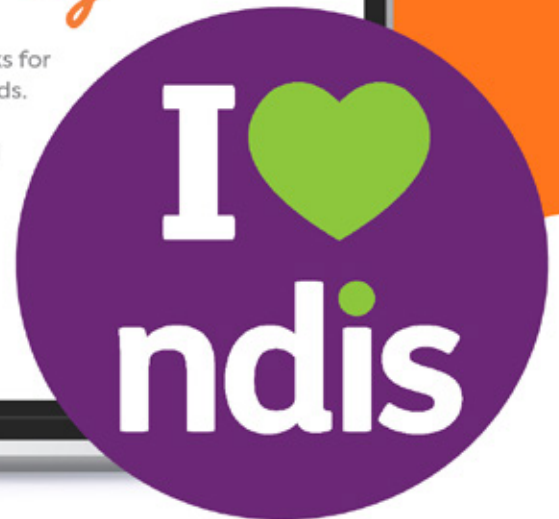
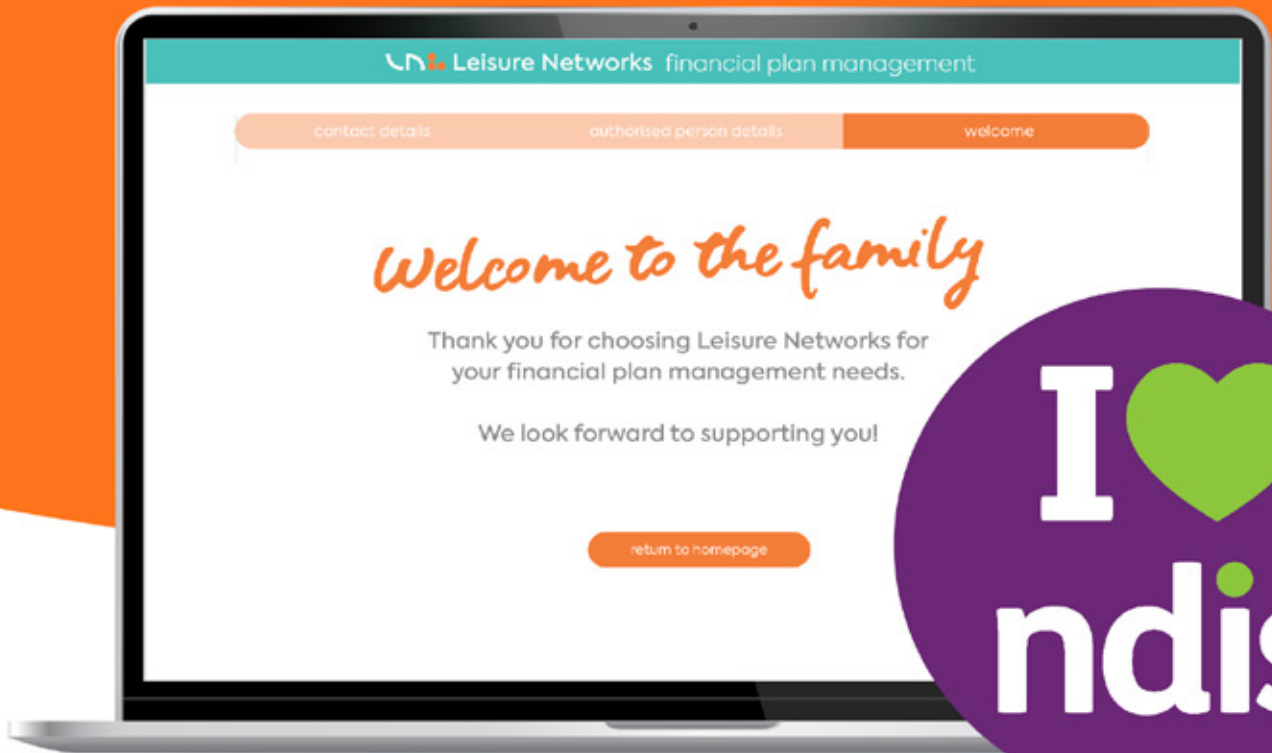
## JUNE

WERRIBEE ZOO	Saturday 1st June	9:30am - 2:30pm
MOVIES	Sunday 2nd June	9:30am - 2:30pm*
CELTIC FOLK FESTIVAL	Saturday 8th June	9:00am - 3:00pm
LIVE MUSIC	Sunday 9th June	4:30pm - 11:45pm
GRAZELAND	Saturday 15th June	11:30am - 4:30pm
YOU YANGS WALK	Sunday 16th June	9:00am - 3:00pm
BURGER, BEV & BALLS	Saturday 22nd June	10:30am - 4:30pm

\*Movie time subject to change



# ndis plan management quick, easy 2-step sign up!



Leisure Networks can support you in managing your NDIS funds so you have more time to spend reaching your goals and aspirations and enjoying things that are important to you.

Feel confident that you will be listened to and supported, you can trust us to know that every dealing you have with Leisure Networks will be open, honest and transparent.

