adults Cerm 2

weekday capacity building programs & weekend social activities

> bookings open 9am tuesday 19th march



geelong APRIL - JUNE 2024

what you need to know

Provider Travel Costs

Charges will be applied as per the new price guide 1.7.23 which will be detailed at the time of booking

What to Bring to your Activity

Please bring the following to all activities: backpack with food/snacks (or money to buy), water bottle, companion card (if you have one), myki card and appropriate clothing/footwear based on activity detail. The team will send a reminder and also notify you closer to the activity if there are any additional items to bring.

Ratios and Staffing for Safety

This program is suitable for people who can be supported in a small group of between 3 and 5 people. If you require 1:1 or 1:2 support please call us to discuss. activities. Safety of our customers and staff is paramount at Leisure Networks. To ensure our groups have a fun & safe time, staff ratios are based on activity risk level, location and group size. You will be charged the appropriate rate based on these considerations.

Staff ratios will be based on activities rsk level and location.

The Importance of MYKI

We use public transport for a lot for our programs, so it is vital that all participants have an active MYKI card that is loaded to allow for transport to and from Melbourne and around Geelong (min \$15 is recommended). No MYKI may result in you not being able to attend the booked activity.

> Please call us on 1300 561 802 to discuss any extra support requests.

> > After hours 0434 537 846

Funding

Booking and paying the out of pocket costs registers your place on the program, however final confirmation is completed once we ensure you have the sufficient and appropriate NDIS funding available. A new service booking may be required to confirm your place and the Leisure Networks team will work with you to arrange this.

Departing on Time

We offer participants a variety of activities, including bookings with external organisations, it is very important that the group depart on time. If you are running late, we ask that you call us as soon as possible to let us know. If we have not heard from you and it is more than ten minutes past the scheduled departure time, the group will need to leave and you may miss out on attending the session.

Changes to Programs

We take the utmost care to ensure all scheduled activities go ahead as advised. However, there may be times where we need to make changes to ensure maximum enjoyment and safety. Circumstances may include weather, public transport, availability of activities or insufficient numbers. We will notify you of any changes and discuss alternative arrangements.

Out of pocket costs

Out of pocket costs will vary based on the type of activity. We try and keep these costs as low as possible, however they are sometimes necessary to enable us to provide quality programs with new and exciting experiences.

All out of pocket costs must be paid to secure your booking, and you will not be able to take part in an activity if these costs have not been paid prior to attending.

For cash payments or assistance with payments please call 1300 561 802 or email: assist@leisurenetworks.org

Cancellations

If you need to cancel a session with Leisure Networks, please let us know as soon as possible by calling the office and registering your formal cancellation:.

During business hours Mon-Fri 8.30am-5pm: 1300 561 802

Out of business hours: 0434 537 846

Cancellations and refunds will be considered as per your service agreement with Leisure Networks.

Before & After Hours

At Leisure Networks we understand that sometimes extra support may be required and we are happy to accommodate requests for additional support before or after a program. To assist us to provide this service, we ask that all requests for extra support are received with at least two weeks prior notice. Extra support is deemed anything earlier than 10 minutes prior to the start of a scheduled activity, or any time after the scheduled finish time. NDIS charges apply for these supports.

independent living

build your capacity

- Improving and learning in home safety skills
- Routine development
- Connect with community
- Home maintenance

Our three Independent Living programs support you in a group setting to develop your skills and confidence. Work together as 'housemates' to gain skills and insight into living independently outside.

activity costs

EMPOWER OUT OF POCKET EXPENSES \$100 per term NDIS ESTIMATE \$1,330

INSPIRE

OUT OF POCKET EXPENSES \$150 per term plus \$220 for the social getaway NDIS ESTIMATE \$3,188

THRIVE

OUT OF POCKET EXPENSES \$250 per stay NDIS ESTIMATE \$4,663

* please note there maybe extra expenses depending on the activity. This will be communicated prior.

where

DROP OFF & PICK UP LN HQ, 4 Verner St, South Geelong





#connect

MODERATE LEVEL OF ACTIVITY

There are three programs to choose from depending on where you are in your independent living journey.

empower

Gain confidence to be home on your own, stay safe and prepare some basic meails

inspire

Take the next steps and explore what it is like to live independently, on your own or with housemates

thrive

Immerse yourself in the real deal of independent living with monthly stays away from home

when

EMPOWER Mondays, 9am-1pm INSPIRE Fridays, 9am - 3pm THRIVE - Group 1 Mon 3pm till Wed 9am THRIVE - Group 2 Wed 3pm till Fri 9am

weekday orograms... capacity building

Book in 3 easy steps

1. Go to website: www.leisurenetworks.org 2. Click on events box 3. Select event and follow the prompts

> If an activity is sold out, please put your name on the waitlist. We will aim to create a space for you.

Our weekly programs support you in a group setting to develop your skills and confidence. A great way to spend time in your community, meet new friends and work toward achieving your goals.

resale shed

build your capacity

- connect with your community in a meaningful capacity
- Develop key volunteering, workplace and communication skills

Develop your employment skills while supporting the sustainable economy. One of our most sought after programs, Anglesea Resale Shed is a fantastic working model of a local circular economy, successfully diverting re-useable materials from landfill. Each week you will be part of a team who opens and sets up the shop. During the day uncover, clean and repair hidden treasures destined for the tip, then sell these on to generate funds to support local community groups and help tally the end of day floats.

activity costs

OUT OF POCKET EXPENSES FREE NDIS ESTIMATE \$2900 (12 weeks)

* please note there maybe extra expenses depending on the activity. This will be communicated prior.

what to bring

High vis clothing, steel cap boots lunch and day bag.

where

DROP OFF & PICK UP LN HQ, 4 Verner St, South Geelong





Bric-a-brac & reusable goods

when

MONDAY TUESDAY FRIDAY 9:00am - 3:00pm

multimedia



build your capacity

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4

- Developing multimedia & visual communication skills across multiple mediums & platforms
- Semester portfolio of art work
- Bi-annual exhibition of art work in a combined art show event
- Engagement in your community
- Choice in activity planning
- Developing confidence to try new things
- Building independence & self-sufficiency
- **Critical thinking & decision making**

Multimedia focuses on creativity, social connections and image development. In a hands-on learning environment, you will contribute to shaping the contents of the program and what multimedia styles and subjects you want to explore. Projects are designed to display individual artistic abilities and interests. We cover photography, multimedia, visual art, video capture and editing, and looking at imagery as both an art form and a tool for communication.

activity costs

OUT OF POCKET EXPENSES \$165 NDIS ESTIMATE \$2500

* please note there maybe extra expenses depending on the activity. This will be communicated prior.

what to bring

Lunch, day bag and any personal Multimedia that you wish to work on.

where

DROP OFF & PICK UP LN HQ, 4 Verner St, South Geelong



#connect

active lives

build your capacity

- Develop physical & health literacy
- Connect with community and explore local venues, classes & gyms
- Maintain physical health in a mindful capacity

Start your week off with some movement, exploring local health and wellbeing centres. Through our Active Lives program you will enjoy heading to the gym, nature walks, golf and some group training programs. The program is designed to support your mental health as much as your physical health, helping to get the endorphins flowing while you build social connection in the community.

activity costs

OUT OF POCKET EXPENSES \$165 NDIS ESTIMATE \$1600

* please note there maybe extra expenses depending on the activity. This will be communicated prior.

what to bring

Lunch or money for lunch, active wear and sneakers

where

DROP OFF & PICK UP LN HQ, 4 Verner St, South Geelong





glee club



build your capacity

- Build & develop self confidence
- Community engagement
- Explore & develop a range of performance skills
- Work with your peers to plan and create your performances throughout the year

Get your Glee on! If you're looking for an inclusive space to express yourself through singing, dancing and acting then book into our Glee program. Each term you will have the opportunity to shape a piece work that will be performed to your community at the end of term. You have the chance to perform your own individual piece as well be part of a group performance. Bring your creativity to the program as we explore new and exciting performance styles throughout the year.

activity costs

OUT OF POCKET EXPENSES \$110 NDIS ESTIMATE \$850

* please note there maybe extra expenses depending on the activity. This will be communicated prior.

what to bring

We recommend comfortable clothing & footwear.

where

DROP OFF & PICK UP 36/38 Rugby St, Belmont





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social squad



build your capacity

- Community engagement
- Develop friendships within a group setting
- Build confidence & try new things
- Travel training & money handling

It's time to connect with your community! Previously known as our Guys/Girls groups, Social Squad is perfect for people whose goal is to connect with others and their community, whether it's enjoying our region's best attractions or a day trip to somewhere new. The program's focus is goal-orientated, aimed at building your capability and social experiences. As a group, you will have a planning day each term to choose all the activities you want to do together. We take your NDIS plan goals and, through a range of fun and social activities, empower you to become more independent. Increase your knowledge, build your skills and gain more confidence. Social Squad lets you to choose how you want to connect to your community.

activity costs

OUT OF POCKET EXPENSES \$165 NDIS ESTIMATE \$2500

* please note there maybe extra expenses depending on the activity. This will be communicated prior.

what to bring

Lunch or money for lunch, water bottle and day bag with any personal items you wish to bring.

where

DROP OFF & PICK UP LN HQ, 4 Verner St, South Geelong





#connect

MODERATE LEVEL OF ACTIVITY

masterchef



when

WEDNESDAY 1&2 9:00am – 3:00pm FRIDAY 11:00am – 4:00pm

build your capacity

- Develop skills ranging from budgeting, reading & understanding a recipe, kitchen hygiene, meal preparation, serving & cleaning up
- Multiple catering opportunities throughout the year

Our MasterChef Programs are designed to connect you socially to new friends and your local community as well as reinforce the importance of eating balanced and portioned meals. You will learn basic cookery skills in a fun, friendly, interactive and well supported environment. Our aim is to encourage you to explore the beauty and accessibility of fresh, local, seasonal ingredients and promote better food choices. Everyone is involved in the entire cooking process, from meal planning and shopping for ingredients to preparing and cutting up the igredients & cooking.

activity costs

OUT OF POCKET EXPENSES \$225 NDIS ESTIMATE WEDNESDAY \$2500 NDIS ESTIMATE FRIDAY \$2000 * please note there maybe extra expenses depending on the activity. This will be communicated prior.

what to bring

Container, closed toe shoes and any personal items you may wish to bring.

where

DROP OFF & PICK UP LN HQ, 4 Verner St, South Geelong





#connect

MODERATE LEVEL OF ACTIVITY

dwn bowls & lunch

build your capacity

- **Connect with community**
- **Explore local venues**
- Develop and improve social skills
- Improve physical & mental wellbeing

Every Wednesday join us for a leisurely chat, a bite to eat and a social roll at the local Bowls Club. Lawn bowls is one of the fastest growing social sports in Victoria. Social Bowls is a great way for people of all ages to develop their skills, coordination and fitness in a fun environment with good company and a supportive peer network. Enjoy a great day out with mates in the fresh air rolling a few bowls along the green and then build you social connection with a lunch together at a local cafe or bistro.

activity costs

OUT OF POCKET EXPENSES \$165 NDIS ESTIMATE \$1600

* please note there maybe extra expenses depending on the activity. This will be communicated prior.

what to bring

Money for lunch and comfortable clothing.

where

DROP OFF & PICK UP LN HQ, 4 Verner St, South Geelong





MODERATE LEVEL OF ACTIVITY



social crew

THURSDAY 1 9:00am - 3:00pm THURSDAY 2 9:00am - 3:00pm FRIDAY 9:00am - 3:00pm

build your capacity

- Community engagement
- Develop friendships within a group setting
- Build confidence & try new things
- Travel training & money handling

It's time to connect with your community! Previously known as our Guys/Girls groups, Social Crew is perfect for people whose goal is to connect with others and their community, whether it's enjoying our region's best attractions or a day trip to somewhere new. The program's focus is goal-orientated, aimed at building your capability and social experiences. As a group, you will have a planning day each term to choose all the activities you want to do together. We take your NDIS plan goals and, through a range of fun and social activities, empower you to become more independent. Increase your knowledge, build your skills and gain more confidence. Social Squad lets you to choose how you want to connect to your community.

activity costs

OUT OF POCKET EXPENSES THURSDAY \$150 FRIDAY \$165 NDIS ESTIMATE \$2500

* please note there maybe extra expenses depending on the activity. This will be communicated prior.

what to bring

Lunch or money for lunch, water bottle and day bag with any personal items you wish to bring.

where

DROP OFF & PICK UP LN HQ, 4 Verner St, South Geelong





#connect

MODERATE LEVEL OF ACTIVITY



build your capacity

- Engagement with the community
- Connect to local community classes
- Explore personal wellbeing strategies
- Improve physical literacy

A midweek reset is calling! Enjoy a yoga practice and a mindful activity or a casual walk with a small group. You will have the opportunity to develop your own yoga practice, meet local instructors, become familiar with yoga studios and connect with some of your local community hubs. Our Yoga program is designed to enhance your wellbeing while making new friends in a supportive environment. Each week, bring along some money for lunch out with the group where you can build on your social connection.

activity costs

OUT OF POCKET EXPENSES \$165 NDIS ESTIMATE \$1300

* please note there maybe extra expenses depending on the activity. This will be communicated prior.

what to bring

Money for lunch and comfortable clothing.

where

DROP OFF & PICK UP LN HQ, 4 Verner St, South Geelong





#connect

MODERATE LEVEL OF ACTIVITY





art class

build your capacity

- Engagement & involvement in your community
- Choice in activity planning
- Working with peers to cooperate & develop a group plan
- Developing more confidence to try new things
- Building your independence & self-sufficiency

Our Thursday Arts Program offers you the opportunity to explore your creative selfexpression in a relaxed and supportive environment while you pursue community and social connections to improve mental health and wellbeing. Our team of Support Workers will work with you to incorporate your individual goals through the program. You can book into the Morning Session, the Afternoon Session or book in for the whole day! All art materials are supplied, however, if you would like to bring along a project you are currently working on from home (eg. Knitting, beading, crochet, etc) you are very welcome to do so.

activity costs

MORNING OR AFTERNOON SESSIONS OUT OF POCKET EXPENSES \$165 NDIS ESTIMATE \$1,300

FULL DAY OUT OF POCKET EXPENSES \$220 NDIS ESTIMATE \$2500

* please note there maybe extra expenses depending on the activity. This will be communicated prior.

when

THURSDAY AM 9:00am - 12:30pm

THURSDAY PM 12:30am - 3:30pm

THURSDAY FULL DAY 9:00am - 3:00pm

NEW FULL DAY ART PROGRAM

what to bring

Lunch, snack and any additional art supplies you might want to bring.

where

DROP OFF & PICK UP LN HQ, 4 Verner St, South Geelong





Weekday planner

	9:00am – 3:00pm	RESALE SHED	
ΜΟΝΔΑΥ	9.30am - 3.30pm	MULTIMEDIA	
MONDAY	10:00am - 2:00pm	ACTIVE LIVES	
	5:00pm – 7:00pm	GLEE	
TUESDAY	9:00am - 3:00pm	RESALE SHED	
	9:00am - 3:00pm	SOCIAL SQUAD	
	11:00am - 3:00pm	ACTIVE LIVES	
	9:00am - 3:00pm	MULTIMEDIA	
	9:00am - 3:00pm	MASTERCHEF	
WEDNESDAY	10:00am - 2:00pm	LAWN BOWLS	
	12:00pm - 3:00pm	YOGA	

	9:30am - 12:30pm	ART - morning
T H U R S D A Y	12:30am – 3:30pm	ART - afternoon
	9:00am - 3:00pm	ART – full day
	9:00am - 3:00pm	SOCIAL CREW (Group 1 & 2)

FRIDAY	9:00am - 3:00pm	RESALE SHED
	9:00am - 3:00pm	SOCIAL CREW
	9:00am - 3:00pm	SOCIAL SQUAD (Group 1 & 2)
	11:00am - 4:00pm	MASTERCHEF

Our Social Weekends programs are all about getting the most out of your weekend! Based on your suggestions and ideas, we offer a calendar of events that allows you to pick and choose the best activities for you to work towards and achieve your goals.

From attending you will....

- Meet new people & develop friendships
- Make new contacts in your community & widen your circles of support
- Have opportunities to try new things & challenge yourself
- Build your capacity to access local community & surrounding areas
- Bring your ideas & helpto build the programs that suit your needs

Book in 3 easy steps

 Go to website: www.leisurenetworks.org

 Click on events box
 Select event and follow the prompts

> If an activity is sold out, please put your name on the waitlist. We will aim to create a space for you.

april weekends

saturday april 13 AFL BARWON (LOCAL FOOTBALL MATCH)

Please bring a packed lunch or money to buy lunch. You will be attending a local footy match, there are a few on offer each day. Decide as a group who you would like to see.

AGE 18+ yrs COST FREE TIME 12:00pm - 4:30pm NDIS FUNDING REQUIRED \$244 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong



#connect

LOW LEVEL OF ACTIVITY

Sunday **april 14** THE PET SHOW

Enjoy live entertainment, animal demonstrations and so much more at Melbourne's annual Pet Show. Bring a packed lunch or money to buy lunch, MYKI and your companion card (if you have one)

AGE 18+ yrs **COST** \$35

TIME 8:30am - 4:30pm

NDIS FUNDING REQUIRED \$433 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong



#discover

MODERATE LEVEL OF ACTIVITY

saturday **april 20**

BBC EARTH EXPERIENCE

Journey through seven continents with narration from David Attenborough. Bring a packed lunch or money to buy lunch, Myki Card and companion card If you have one

AGE 18+ yrs **COST** \$55

TIME 9:00am - 4:00pm NDIS FUNDING REQUIRED \$371 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong





#discover

LOW LEVEL OF ACTIVITY

saturday **april 13** AFL GAME - CARLTON V'S ADELAIDE

Please bring a packed dinner or money to buy dinner (card as the venue is cashless) warm clothes, your MYKI card and companion card it you have on

AGE 18+ yrs COST \$35 TIME 1:30pm - 9:30pm NDIS FUNDING REQUIRED \$433 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#connect

LOW LEVEL OF ACTIVITY

friday **april 19** PICCADILLY MARKET

Live music, plenty of market stalls and food trucks for dinner at the Piccadilly Night Market in Pako street, Geelong. Bring money to buy dinner.

AGE 18+ yrs COST \$5 TIME 4:30pm - 9:30pm NDIS FUNDING REQUIRED \$211 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#discover

LOW LEVEL OF ACTIVITY



4

april weekends

SUNDAY **april 21** KENSINGTON MARKET

Pick up a bargain at Kensington Market. There's plenty of stalls to browse, plus treats and coffee. Bring spending money if you would like to buy anything, including lunch or bring a packed lunch.

AGE 18+ yrs COST FREE TIME 9:00am - 4:00pm NDIS FUNDING REQUIRED \$492 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong



#discover

MODERATE LEVEL OF ACTIVITY

saturday **april 27**

Immerse yourself in ARTVO, where you become part of the artwork! Bring a camera to take photos and a packed lunch or money to buy lunch, MYKI and your companion card if you have one.

AGE 18+ yrs **COST** \$30

TIME 9:00am – 4:00pm

NDIS FUNDING REQUIRED \$366 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong





#discover

LOW LEVEL OF ACTIVITY

friday **april 26** PIANO BAR

Enjoy all the fun of live music at the Piano Bar. Have dinner at a local restaurant on the way. Bring money for dinner and drinks and bring your companion card if you have one.

AGE 18+ yrs COST \$25 TIME 5:00pm - 11:00pm NDIS FUNDING REQUIRED \$248 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#connect

LOW LEVEL OF ACTIVITY

SUNDAY **april 28** DAY OUT IN DAYLESFORD

Head to Daylesford and explore the beautiful botanical gardens. Stop by the Mill markets and pick up a bargain. Bring a packed lunch or money to buy lunch, and any spending money.

AGE 18+ yrs COST FREE

TIME 9:00am - 4:00pm NDIS FUNDING REQUIRED \$463 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong





#discover

MODERATE LEVEL OF ACTIVITY

may weekends

friday **may 3** COMEDY AT THE BREWERY

A night of laughter listening to a variety of comedians at Geelong's popular Brewery. Enjoy dinner at the venue, please bring money to buy dinner and drinks.

AGE 18+ yrs COST \$30 TIME 5:00am - 11:00pm NDIS FUNDING REQUIRED \$248 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong



#connect

LOW LEVEL OF ACTIVITY

SUNDAY **may 5** PUB LUNCH & LOCAL WALK

Enjoy a hearty pub meal at a local pub in town. Then go for a stroll around a local park or walk way. Bring money to buy lunch (cost covers support workers meals) and comfortable walking shoes.

AGE 18+ yrs COST \$20 TIME 11:30am - 4:30pm NDIS FUNDING REQUIRED \$342 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong



#connect

LOW LEVEL OF ACTIVITY



saturday **may 4** STRIKE BOWLING

Play two games of ten pin bowls with friends, at Strike bowling. Bring a packed lunch or money to buy lunch and your companion card if you have one.

AGE 18+ yrs COST \$40 TIME 9:00am - 3:00pm NDIS FUNDING REQUIRED \$334 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#getactive

MODERATE LEVEL OF ACTIVITY

friday may 10 dj music @ elephant & castle

Enjoy a night out at the Elephant and Castle for dinner followed by DJ music into the evening. Bring money for dinner and any drinks.

AGE 18+ yrs COST \$20 TIME 5:00pm - 11:30pm NDIS FUNDING REQUIRED \$266 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong



#connect LOW LEVEL OF ACTIVITY

saturday **may 11**

AFL BARWON (LOCAL FOOTBALL MATCH)

Please bring a packed lunch or money to buy lunch. You will be attending a local footy match, there are a few on offer each day. Decide as a group who you would like to see.

AGE 18+ yrs COST FREE

TIME 12:00pm - 4:30pm NDIS FUNDING REQUIRED \$244 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong





#connect

may weekends



Please bring a packed dinner or money to buy dinner (card as the venue is cashless) warm clothes, your MYKI card and companion card it you have one.

AGE 18+ yrs COST FREE TIME 1:30pm - 9:30pm NDIS FUNDING REQUIRED \$244 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#connect

LOW LEVEL OF ACTIVITY

Sunday **may 12** MINI GOLF

As a group, we'll choose which local venue to play 18 holes mini golf. Bring a packed lunch or money to buy lunch, comfortable shoes, water bottle and your companion card.

AGE 18+ yrs COST \$25 TIME 10:0am - 3:00pm NDIS FUNDING REQUIRED \$314 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#getactive

LOW LEVEL OF ACTIVITY

friday **may 17** MOVIES

Watch one of the latest movies at the cinema. Movie to be confirmed closer to date. Please bring money to buy dinner and extra money for the snack bar.

AGE 18+ yrs COST \$35

TIME 4:30pm - 9:30pm *Subject to change NDIS FUNDING REQUIRED \$211 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong





#connect



saturday **may 18**

DRAG SHOW @ PIANO BAR

Enjoy all the fun of a live drag show at the Piano Bar. Have dinner at a local restaurant on the way. Bring money for dinner and drinks and bring your companion card if you have one

AGE 18+ yrs COST \$45 TIME 12:30pm - 5:30pm NDIS FUNDING REQUIRED \$268 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong



friday **may 24**

PIANO BAR

Enjoy all the fun of live music at the Piano Bar. Have dinner at a local restaurant on the way. Bring money for dinner and drinks and bring your companion card if you have one.

AGE 18+ yrs **COST** \$25

TIME 5:00pm - 11:00pm NDIS FUNDING REQUIRED \$248 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong



#connect

LOW LEVEL OF ACTIVITY

sunday **may 19**

BIRREGURRA MARKET & RED ROCK LOOK OUT

Find a bargain at the Birregurra Market. Then head to red rock look out in Colac for some beautiful views. Please bring a packed lunch or money to buy lunch, spending money, water bottle and comfortable shoes.

AGE 18+ yrs COST FREE TIME 9:00am - 4:00pm NDIS FUNDING REQUIRED \$362 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#aetactive

MODERATE LEVEL OF ACTIVITY

saturday may 25

Play an hour of unlimited arcade games at laserquest. Please bring a packed lunch or money to buy lunch and your companion card (if you have one).

AGE 18+ yrs COST \$35

TIME 10:00am - 3:00pm NDIS FUNDING REQUIRED \$268 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong



#connect



may weekends

sunday may 26

NEWPORT LAKE WALK

Head to Newport lake and see the beautiful lake & surrounds. Walk around the lake - approx. 2kms. Bring a packed lunch or money to buy your lunch, water bottle and comfortable shoes.

AGE 18+ yrs COST FREE **TIME** 9:00am - 2:00pm NDIS FUNDING REQUIRED \$362 (estimate only) **DROP OFF/PICK UP LOCATION**

Leisure Networks HQ, 4 Verner St, South Geelong



#getactive HIGH LEVEL OF ACTIVITY

friday may 31

GRAZELAND

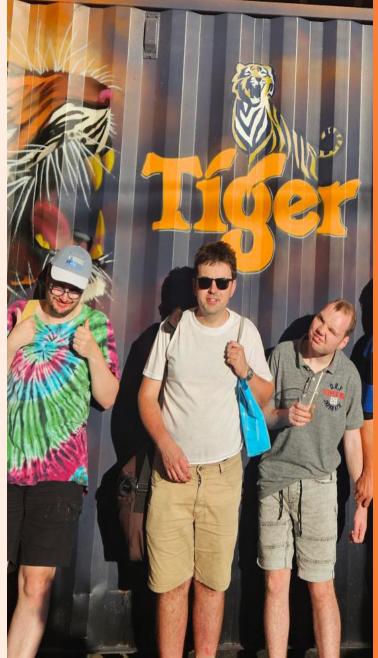
Head to the famous Grazeland in Williamstown. Choose from a variety of food trucks with food from all over the world. Bring money to buy dinner (Cost includes support worker meals).

AGE 18+ yrs **COST** \$20 **TIME** 4:30pm - 10:30pm NDIS FUNDING REQUIRED \$268 (estimate only) **DROP OFF/PICK UP LOCATION** Leisure Networks HQ, 4 Verner St, South Geelong



#connect





june weekends



saturday **june 1** werribee zoo

Hop on the Safari bus and see the animals up close and personal. Bring a packed lunch or money to buy lunch, water bottle, comfortable shoes and your companion card (if you have one)

AGE 18+ yrs COST \$35 TIME 9:00am - 3:00pm NDIS FUNDING REQUIRED \$329 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#discover

MODERATE LEVEL OF ACTIVITY

saturday **june 1** AFL GAME - HAWKS V'S ADELAIDE CROWS

Please bring a packed dinner or money to buy lunch (card as the venue is cashless) warm clothes, your MYKI card and companion card it you have on

AGE 18+ yrs COST \$35 TIME 10:30am - 7:30pm NDIS FUNDING REQUIRED \$397 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong



saturday june 1 AFL BARWON (LOCAL FOOTBALL MATCH)

Please bring a packed lunch or money to buy lunch. You will be attending a local footy match, there are a few on offer each day. Decide as a group who you would like to see.

AGE 18+ yrs COST FREE

TIME 12:00pm - 4:30pm NDIS FUNDING REQUIRED \$244 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#connect

LOW LEVEL OF ACTIVITY

june weekends

sunday june 2

MOVIES

Watch one of the latest movies at the cinema. Movie to be confirmed closer to date. Please bring a packed lunch or money to buy lunch and extra money for the snack bar.

AGE 18+ yrs COST \$25

TIME 9:30am - 2:30pm *Subject to change NDIS FUNDING REQUIRED \$402 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong





LOW LEVEL OF ACTIVITY

saturday **june 8** CELTIC FOLK FESTIVAL

Have a day of fun at the Celtic Folk Festival in Portarlington with plenty of stalls, live entertainment and culture. Bring a packed lunch or money to buy lunch and comfortable shoes.

AGE 18+ yrs COST FREE TIME 9:00am - 3:00pm NDIS FUNDING REQUIRED \$324 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong





#discover

MODERATE LEVEL OF ACTIVITY

friday **june 14**

LIGHT SCAPE

Experience the Melb. Botanical Gardens lit up like never before. Enjoy lightworks, colour installations. Bring money for dinner, comfortable shoes & your companion card (if you have one).

AGE 18+ yrs **COST** \$50

TIME 4:30pm - 11:00pm

NDIS FUNDING REQUIRED \$286 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong





#discover

MODERATE LEVEL OF ACTIVITY

friday **june 7** KING PIN @ CROWN

Have fun bowling and playing laserquest at Kingpin. Bring extra money for the arcade, as well as money for dinner at the crown food court, MYKI card and companion card (if you have one)

AGE 18+ yrs COST \$50 TIME 4:30pm - 11:00pm NDIS FUNDING REQUIRED \$286 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#connect

MODERATE LEVEL OF ACTIVITY

sunday **june 9**

Enjoy dinner a local restaurant, followed by live music in town. Bring money to buy dinner (cost covers support workers meals).

AGE 18+ yrs COST \$20 TIME 5:00pm - 11:00pm NDIS FUNDING REQUIRED \$402 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#connect



june weekends

saturday june 15 grazeland

Head to the famous Grazeland in Williamstown. Choose from a variety of food trucks with food from all over the world. Bring money to buy dinner (Cost includes support worker meals).

AGE 18+ yrs **COST** \$20

TIME 11:00am - 5:00pm NDIS FUNDING REQUIRED \$329 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong



#connect

t LOW LEVEL OF ACTIVITY

friday **june 21**

Enjoy an evening in Geelong listening to live music, catching up with friends and making new ones. Bring money to buy dinner beforehand at a local restaurant.

AGE 18+ yrs **COST** \$20

TIME 5:00pm - 11:00pm NDIS FUNDING REQUIRED \$248 (estimate only) DROP OFF/PICK UP LOCATION

Leisure Networks HQ, 4 Verner St, South Geelong



#connect LOW LEVEL OF ACTIVITY



SUNDAY **june 16** YOU YANGS WALK

The You Yangs is he perfect scenic destination for a healthy walk. Enjoy fresh air and beautiful views. Bring a packed lunch, comfortable walking shoes, hat and water bottle

AGE 18+ yrs COST FREE TIME 9:00am - 3:00pm NDIS FUNDING REQUIRED \$417 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong



#getactive HIGH LEVEL OF ACTIVITY

saturday **june 22**

Head to Curlewis and hit golf balls at the driving range, enjoy a burger and drink afterwards. Cost includes Burger and Drink.

 AGE
 18+ yrs
 COST
 \$45

 TIME
 11:00am - 4:00pm

 NDIS FUNDING REQUIRED
 \$273 (estimate only)

DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#getactive MODERATE LEVEL OF ACTIVITY

SUNDAY **JUNE 23** AFL GAME - ESSENDON V'S WEST COAST

Please bring a packed lunch or money to buy lunch (card as the venue is cashless) warm clothes, your MYKI Card and companion card if you have one.

AGE 18+ yrs **COST** \$35

TIME 10:00am - 6:00pm NDIS FUNDING REQUIRED \$565 (estimate only) DROP OFF/PICK UP LOCATION Leisure Networks HQ, 4 Verner St, South Geelong





#connect

social weekends planner

APRIL

THE PET SHOW AFL BARWON LOCAL GAME AFL - CALTON v's ADELAIDE PICCADILLY MARKET BBC EARTH EXPERIENCE KENSINGTON MARKET PIANO BAR ARTVO DAY OUT IN DAYLESFORD

COMEDY @ BREWERY STRIKE BOWLING PUB LUNCH & WALK

MINI GOLF

PIANO BAR

GRAZELAND

MOVIES

DJ @ ELEPHANT & CASTLE AFL BARWON LOCAL GAME AFL ESSENDON v's GWS

DRAG SHOW @ PIANO BAR

BIRREGURRA MARKET

NEWPORT LAKE WALK

Sunday 14th April Saturday 13th April Saturday 13th April Friday 19th April Saturday 20th April Sunday 21st April Friday 28th April Saturday 27th April Sunday 28th April

8:30am - 4:30pm 12:00pm - 4:30pm 1:30pm - 9:30pm 4:30pm - 9:30pm 9:00am - 4:00pm 9:00am - 4:00pm 9:00am - 4:00pm 9:00am - 4:00pm

MAY

Friday 3rd May	5:00pm – 11:00pm
Saturday 4th May	9:00am - 3:00pm
Sunday 5th May	11:30am - 4:30pm
Friday 10th May	5:00pm – 11:30pm
Saturday 11th May	12:00pm – 4:30pm
Saturday 11th May	1:30pm – 9:30pm
Sunday 12th May	10:00am - 3:00pm
Friday 17th May	4:30pm - 9:30pm*
Saturday 18th May	12:30pm – 5:30pm
Sunday 19th May	9:00am - 4:00pm
Friday 24th May	5:00pm – 11:00pm
Saturday 25th May	10:00am - 3:00pm
Sunday 26th May	9:00am – 2:00pm
Friday 31st May	4:30pm - 10:30pm

JUNE

	WERRIBEE ZOO	Saturday 1st June	9:00am - 3:00pm
	AFL – HAWKS v's ADELAIDE	Saturday 1st June	10:30am - 7:00pm
	AFL BARWON LOCAL GAME	Saturday 8th June	12:00pm - 4:30pm
	MOVIES	Sunday 2nd June	9:30am - 2:30pm*
	KINGPIN @ CROWN	Friday 7th June	4:30pm - 11:00pm
	CELTIC FOLK FESTIVAL	Saturday 8th June	9:00am - 3:00pm
	LIVE MUSIC	Sunday 9th June	5:00pm – 11:00pm
	LIGHT SCAPE	Friday 14th June	4:30pm - 11:00pm
	GRAZELAND	Saturday 15th June	4:30pm - 11:00pm
	YOU YANGS WALK	Sunday 16th June	9:00am - 3:00pm
••••	LIVE MUSIC	Friday 21st June	5:00pm – 11:00pm
	BURGER, BEV & BALLS	Saturday 22nd June	11:00am - 4:00pm
	AFL - ESSENDON v's WEST COAST	Sunday 23rd June	10:00am - 6:00pm

ndis plan management quick, easy 2-step sign up!





Leisure Networks

Leisure Networks can support you in managing your NDIS funds so you have more time to spend reaching your goals and aspirations and enjoying things that are important to you.

Feel confident that you will be listened to and supported, you can trust us to know that every dealing you have with Leisure Networks will be open, honest and transparent.

Get in touch to learn more about how you can benefit from our services. TOLL FREE: 1300 561 802 | HQ: (03) 5222 3911 assist@leisurenetworks.org | www.leisurenetworks.org

