



WEEKENDS AWAY



OUTCOMES

YOU CAN EXPECT
FROM ATTENDING
WEEKENDS AWAY



MEET NEW PEOPLE
and develop friendships

BUILD CONFIDENCE
and your self-esteem

DEVELOP SKILLS
and learn to be more independent

OPPORTUNITIES
to try new things and challenge yourself

BRING YOUR IDEAS
and help to build the program that you want



www.leisurenetworks.org/find-whats-on

1

GO TO LEISURE
NETWORKS WEBSITE
leisurenetworks.org

2

FIND 'WHAT'S ON'
tab across the top of
the home page

3

SELECT THE CAMP
you would like to attend &
click on the activity and
follow the prompts

BOOKINGS

Bookings open Friday 14th December at 4pm

PAYMENT

Activity costs will vary. For cash payments or assistance with bookings please call 5222 3911 or email assist@leisurenetworks.org

SUPPORTS

This program is suitable for people who can be supported in a small group of up to 5 people. If you require a higher support please call us to discuss.

WHAT YOU NEED TO KNOW...

Looking for something new and exciting to do with your National Disability Insurance (NDIS) Funding? Come and experience our fun and friendly holidays.

Leisure Networks staff are experienced supporting people and working within the NDIS and we offer new and exciting opportunities for people to experience fun getaways in safe and supportive environments.

WHO WE CAN SUPPORT...

Our services are available where we have the capacity to support a customer and their needs and are able to provide a positive, safe and fun experience for everyone in the group. Leisure Networks are unable to travel with people who require PEG feeding, manual handling, personal care and complex behavioural support.

KEEP AN EYE OUT FOR OUR JULY – DECEMBER BROCHURE IN 2019!





1

INFORMATION PACKS

Info packs will be sent in the mail to all participants at least 2 weeks prior to the event. Packs include what to bring lists, drop off and pick up locations, itinerary, medication documents, behaviour expectations plus any extra info you need to know.

MEDICATIONS

Leisure Networks have trained staff who can assist customers with medications if required. Information regarding medication support is provided with your camp pack. Please ensure you read this carefully and complete all the necessary documents.

2

3

CANCELLATIONS AND REFUNDS

In the case of a weekend away or holiday, sufficient notice is three (3) days prior to camp departure e.g for a Friday departure, notice of cancellation must be made by 3pm Tuesday.

Please refer to our Leisure Networks Terms & Conditions – Holidays & Group Travel Programs document for information regarding our refunds policy.

DROP OFF/ PICK UP LOCATIONS

Leisure Networks have 2 main drop off/pick up locations

1. Leisure Networks Headquarters
4 Verner St, South Geelong

2. Manor Lakes Community Learning Centre,
86 Manor Lakes Blvd, Wyndham Vale

Please advise on booking which location you require transport from and to.

4

5

FUNDING

Booking and paying the activity costs via the website registers your place on the program, however final confirmation is completed once the Leisure Networks team ensure you have sufficient and appropriate NDIS funding available. A new service booking may be required to confirm your place and the LN team will work with you to arrange this.

SNEAKER RATING

To assist you in your decisions regarding what experiences are most suited to you, we have provided a simple rating system that provides an indication on the level of physical activity and fitness required to attend that holiday.



These trips are designed to be very relaxed and require minimal physical exertion. There may be small amounts of walking involved; however, are designed to be at your own pace. People of all fitness levels are suitable to attend these weekends away.



These trips involve one or more activities that require walking or physical activity but can be structured for different fitness levels. Activities may include adventure or walking activities, city exploring, and facilitated tours. Some level of physical fitness is required to attend these weekends away. It is recommended that people who require mobility assistance contact us to discuss support options before booking.



These trips are quite active and are designed to be on the go. Participants will be walking and using physical exertion daily, and activities will be on varied surface levels including some uneven and potentially wet areas. People who require mobility assistance or have low fitness levels must contact us to discuss support options before booking. As a guide, a participant should be able to walk at least 1km unassisted (in a single session), or independently use a wheelchair or other mobility aid to get the most out of their holiday.



KIDS



AIREYS INLET - ANGAHOOK

DATE: 9am Saturday 2nd March – 4pm Sunday 3rd March **AGE:** 6 to 12 years

LOCATION: Angahook Holiday Camp, Aireys Inlet

Enjoy a fun summer weekend away down the coast along the beautiful Great Ocean Road at Angahook Holiday Camp! You will have the opportunity to explore the local beaches and serene bush setting! Get active on their low ropes course, play basketball, volleyball and archery and even have a go on the Giant Swing!

HOLIDAY PURPOSE:

- Build confidence being away from home.
- Challenge yourself on adventure based activities including the giant swing, low rope course and archery.
- Work with your new friends in a team to complete an orienteering course and to build a hut.
- Master the art of toasting the perfect marshmallow on a camp fire and be brave as you embark on a night walk to meet the local wildlife.

out of
pocket cost
\$60

NDIA
funding
required
\$900



TEENS

GIPPSLAND

DATE: 9am Monday 21st January – 5pm Thursday 24th January **AGE:** 13 to 18

LOCATION: Forest Lodge Farm, Jack River



Get away for a week over your summer break. Drive up to stunning Jack River in South Gippsland where we will be staying at Forest Lodge Farm. Across the week we will explore this beautiful part of the world including a day trip to Wilsons Promontory, a cruise to Refuge Cove near Port Welshpool, Coal Creek Historic Village and a visit to see the giant Mountain Ash trees and waterfalls at Tarra Bulga National Park.

HOLIDAY PURPOSE:

- Build confidence being away from home.
- Meet new people as you participate in fun physical activity challenges.
- Develop cooking skills and kitchen safety knowledge in a Masterchef style cook-off with your new friends.
- Help out around the farm and learn responsibility and practical life skills. How rewarding!

out of
pocket cost
\$220

NDIA
funding
required
\$1670



FARMSTAY SCHOOL LEAVERS TRANSITIONS

DATE: 10am Friday 8th February – 4pm Sunday 10th February **AGE:** 17 to 25

LOCATION: Galwiji Homestead, Scotsburn

Are you a school leaver? Confused about where to now? Join us for a farm-stay weekend where we will equip you with skills and knowledge to navigate this new stage of life. You will also come away with your very own resume and cover letter. As a bonus, you will experience a delightful taste of Australian rural life and opportunities to explore the beautiful area of Ballarat.

HOLIDAY PURPOSE:

Participate in fun and interactive discovery workshops across the weekend.

Session 1 - Adjusting to life after school. What are your aspirations? What are your strengths?

Session 2 - What are employability skills? What types of jobs or further education is out there?

Session 3 - Confidence in communicating. Creating a resume and cover letter

Session 4 - Your plan for the year

out of
pocket cost
\$110

NDIA
funding
required
\$1310*



*based on Core Support funding - price will vary if using SLES funding.

TEENS

DAYLESFORD

DATE: 4pm Friday 22nd March – 4pm Sunday 24th March **AGE:** 13 to 18

LOCATION: Boomerang Ranch, Daylesford

Staying at Boomerang Ranch horse and recreation camp, enjoy a relaxing weekend taking in the best of Daylesford. Leave your troubles behind at the day spa, satisfy your sweet tooth at the chocolate factory, see nature on horse-back or even find something unique at the Sunday market. The choice is up to you.

HOLIDAY PURPOSE:

Take time out for yourself. Treat yourself!

This weekend is all about you! Learn how to communicate how you're feeling. Learn how to develop relationships. Learn relaxation techniques. Build confidence to achieve more independence, confidence and control towards your own specific goal.



out of
pocket cost

\$110

NDIA
funding
required
\$1290



AIREYS INLET - ANGAHOOK

DATE: 10am Monday 15th April – 4pm Tuesday 16th April **AGE:** 13 to 18

LOCATION: Angahook Holiday Camp, Aireys Inlet

Get away during your Easter break to the beautiful Great Ocean Road at Angahook Holiday Camp! You will have the opportunity to explore the local beaches and serene bush setting and participate in the on-site adventure activities.

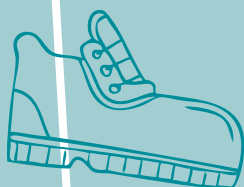
HOLIDAY PURPOSE:

- Build confidence being away from home.
- Challenge yourself on adventure based activities including the giant swing, low rope course and archery.
- Work with your new friends in a team to complete an orienteering course and to build a hut.
- Master the art of toasting the perfect marshmallow on a camp fire and be brave as you embark on a night walk to meet the local wildlife.

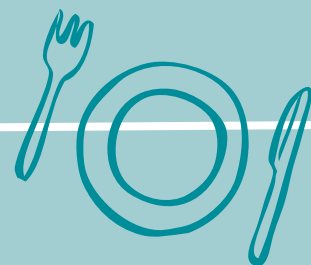
out of
pocket cost

\$60

NDIA
funding
required
\$650



TEENS



MORNINGTON GIRLS PAMPER

DATE: 4pm Friday 14th June – 4pm Sunday 16th June **AGE:** 16 to 18

LOCATION: "The Dunes", Blairgowrie

It's all about you! Relax and let go of your stresses on this special pampering weekend away at Blairgowrie on the beautiful Mornington Peninsula. Indulge with every attention, comfort and kindness while you experience a massage or facial, enjoy a manicure and pedicure and delight in some sweet and savoury treats.

HOLIDAY PURPOSE:

Learn all about factors that influence health and wellbeing such as;

- Nutritional diet
- Fun hobbies and leisure pursuits
- Realistic and achievable goals
- Sufficient sleep
- Optimistic outlook
- Network of close friends
- Regular exercise
- A sense of belonging
- Self care; personal hygiene

out of
pocket cost
\$110

NDIA
funding
required
\$1310



YARRAWONGA

DATE: 10am Friday 28th June – 4pm Sunday 30th June **AGE:** 13 to 18

LOCATION: Private Residence "Agrestic", Yarrawonga

Head up to the beautiful town of Yarrawonga situated along the picturesque Murray River. Enjoy all the town has to offer as you explore the river-side cafes and walk around the town. Work together as a group to run a house for the weekend, and celebrate your achievements with a horse ride along the Murray.

HOLIDAY PURPOSE:

It's up to you! Learn practical skills that you can use immediately and in the future, from meal preparation to independent living skills.

- Create a timetable for the weekend
- Prepare a menu, write a shopping list and go shopping for groceries
- Learn about cooking and healthy eating
- Learn about household management including making the house safe

out of
pocket cost
\$110

NDIA
funding
required
\$1310



ADULTS



GIPPSLAND

DATE: 9am Monday 14th January – 5pm Friday 18th January

AGE: 18+

LOCATION: Forest Lodge Farm, Jack River

Get away for a week over your summer break. Drive up to stunning Jack River in South Gippsland where we will be staying at Forest Lodge Farm. Across the week we will explore this beautiful part of the world including a day trip to Wilsons Promontory, a cruise to Refuge Cove near Port Welshpool, Coal Creek Historic Village and a visit to see the giant Mountain Ash trees and waterfalls at Tarra Bulga National Park.

HOLIDAY PURPOSE:

- Build confidence living independantly for a week.
- Meet new people as you participate in fun physical activity challenges.
- Develop cooking skills and kitchen safety knowledge in a Masterchef style cook-off with your new friends.
- Help out around the farm and learn responsibility and practical life skills. How rewarding!

out of
pocket cost
\$250

NDIA
funding
required
\$2170



AIREYS INLET - ANGAHOOK

DATE: 4pm Friday 22nd February – 4pm Sunday 24th February

AGE: 18+

LOCATION: Angahook Holiday Camp, Aireys Inlet

Enjoy a fun summer weekend away down the coast along the beautiful Great Ocean Road at Angahook Holiday Camp! You will have the opportunity to explore the local beaches and serene bush setting! Get active on their low ropes course, play basketball, volleyball and archery and even have a go on the Giant Swing!

HOLIDAY PURPOSE:

- Build confidence being away from home.
- Challenge yourself on adventure based activities including the giant swing, low rope course and archery.
- Work with your new friends in a team to complete an orienteering course and to build a hut.
- Master the art of toasting the perfect marhmellow on a camp fire and be brave as you embark on a night walk to meet the local wildlife.

out of
pocket cost
\$110

NDIA
funding
required
\$1290



ADULTS

DAYLESFORD

DATE: 4pm Friday 15th March – 4pm Sunday 17th March **AGE:** 18+

LOCATION: Boomerang Ranch, Daylesford

Staying at Boomerang Ranch horse and recreation camp, enjoy a relaxing weekend taking in the best of Daylesford. Leave your troubles behind at the day spa, satisfy your sweet tooth at the chocolate factory, see nature on horse-back or even find something unique at the Sunday market. The choice is up to you.

HOLIDAY PURPOSE:

Take time out for yourself. Treat yourself!

This weekend is all about you! Learn how to communicate how you're feeling. Learn how to develop relationships. Learn relaxation techniques. Build confidence to achieve more independence, confidence and control towards your own specific goal.



out of
pocket cost
\$110

NDIA
funding
required
\$1290



MELBOURNE COMEDY FESTIVAL

DATE: 10am Tuesday 9th April – 4pm Wednesday 10th April **AGE:** 18+

LOCATION: Private Residence in Melbourne City

For all of those who love a night out in Melbourne, this overnight stay is perfect for you! We will be staying in the heart of the city, exploring the best of Melbourne including markets, iconic buildings, visiting local events and activities and trying yummy food.

HOLIDAY PURPOSE:

Build everyday skills that you can use immediately and in the future, such as;

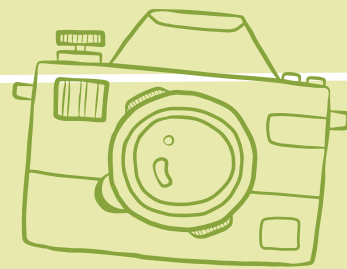
- Travel training: road safety, using public transport, planning how to get to and from destinations, reading timetables
- Money handling: counting and exchanging money, getting a receipt, is the change correct? Budgeting spending money
- Communication: develop relationships, eating out, visit new places, personal presentation

out of
pocket cost
\$75

NDIA
funding
required
\$650



ADULTS



PHOTOGRAPHY ENTHUSIASTS - HARCOURT & CASTLEMAINE

DATE: 10am Friday 26th April – 4pm Sunday 28th April **AGE:** 18+

LOCATION: Private Residence “Mount View Retreat”, Harcourt

Create and celebrate art in the beautiful Harcourt Valley. Hundreds of hectares of apple trees cover the Valley. Be inspired with the rich tapestry of autumnal orchards when new season apples are ready for picking. Explore Castlemaine, a grand and gracious city.

HOLIDAY PURPOSE:

Learn how to take photographs on a range of devices including; cameras, iPads and smart phones. Experiment with photomaking methods and techniques. Use the beauty of Harcourt and Castlemaine to work towards a completed mini-folio.

out of
pocket cost
\$110

NDIA
funding
required
\$1310



BEECHWORTH FOODIES WEEKEND

DATE: 10am Friday 3rd May – 4pm Sunday 5th May **AGE:** 18+

LOCATION: Private Residence, L'Oliveraie's Black Olive, Beechworth

Beechworth is the ideal escape for those needing to recharge the batteries. Indulge and discover fabulous food and hand-crafted wine and beer. The weekend also celebrates the ‘Drive back in Time’ festival, when up to 250 rare, classic and vintage cars and motorcycles will converge on the historic streets

HOLIDAY PURPOSE:

This weekend is all about food and firsts! Have fun while interacting and engaging in another local community. Take the plunge and strike up a conversation with someone new and do something this weekend you wouldn't normally do. Enjoy tasting something different at one of the many farm gates and experience the vast display of vintage engines at the festival.

out of
pocket cost
\$110

NDIA
funding
required
\$1310



ADULTS

MORNINGTON GIRLS PAMPER

DATE: 10am Friday 14th June – 4pm Sunday 16th June **AGE:** 18+

LOCATION: "The Dunes", Blairgowrie

It's all about you! Relax and let go of your stresses on this special pampering weekend away at Blairgowrie on the beautiful Mornington Peninsula. Indulge with every attention, comfort and kindness while you experience a massage or facial, enjoy a manicure and pedicure and delight in some sweet and savoury treats.

HOLIDAY PURPOSE:

Learn all about factors that influence health and wellbeing such as;

- Nutritional diet
- Fun hobbies and leisure pursuits
- Realistic and achievable goals
- Sufficient sleep
- Optimistic outlook
- Network of close friends
- Regular exercise
- A sense of belonging
- Self care; personal hygiene

out of
pocket cost
\$110

NDIA
funding
required
\$1310



NAGAMBIE BLOKES

DATE: 10am Friday 31st May – 4pm Sunday 2nd June

AGE: 18+

LOCATION: Nagambie Lakes Leisure Park, Nagambie

This weekend trip is perfect for those who love to fish and be out by the water! We will stay at Nagambie Lakes which is a beautiful part of the world, with lots of activities tailored to your interest.

HOLIDAY PURPOSE:

Learn all about factors that influence health and wellbeing such as;

- Nutritional diet
- Fun hobbies and leisure pursuits
- Realistic and achievable goals
- Sufficient sleep
- Optimistic outlook
- Network of close friends
- Regular exercise
- A sense of belonging
- Self care; personal hygiene

out of
pocket cost
\$110

NDIA
funding
required
\$1310



Physical Activity Rating (1 being relaxed - 5 very active)



ADULTS INTERSTATE 2019

CANBERRA

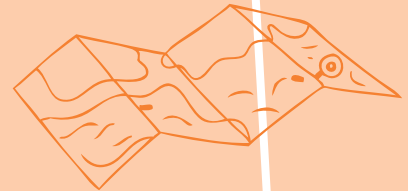
DATE: Monday 25th March (approximate) – Friday 29th March (approximate) **AGE:** 18+

Exact dates and times to be confirmed upon booking flights

You can fit a lot into a visit to Australia's capital city. Surrounded by nature parks, Canberra is best known for both New and Old Parliament House, the Australian War Memorial, Anzac Parade, The Royal Australian Mint, the Australian Institute of Sport, Questacon, Telstra Tower, Lake Burley Griffin and the Australian National Botanical Gardens

out of
pocket cost
\$1100

NDIA
funding
required
\$TBC



DARWIN

DATE: Monday 26th August (approximate) – Friday 30th August (approximate) **AGE:** 18+

Exact dates and times to be confirmed upon booking flights

You'll be spoilt for choice in this tropical city. With waterfront dining, crocodile adventures, rich historical experiences and access to beautiful swimming spots in the Litchfield National Park, there's plenty to do to fill a week.

out of
pocket cost
\$1100

NDIA
funding
required
\$TBA



EXPRESSIONS
OF INTEREST FOR
INTERSTATE
**NOW
OPEN**

TASMANIA

DATE: Monday 14th October (approximate) – Friday 18th October (approximate) **AGE:** 18+

Exact times to be confirmed upon booking flights

LOCATION: Launceston and surrounds, Tasmania

Known for its natural beauty, flora and fauna, the top of Tasmania has so much to offer those wanting a quick getaway. During our visit we will explore Launceston and the unique towns surrounding it. We will also travel south to the famous Cradle Mountain and The Walls Of Jerusalem National Park.

out of
pocket cost
\$1100

NDIA
funding
required
\$TBA



Six Wonderful Benefits of Traveling

1. Gets you out of your Comfort Zone
2. Builds Confidence
3. Broadens your horizons
4. Provides a real-life education
5. Improves your social and communication skills
6. Creates memories for life

INTERNATIONAL/CRUISING

GREAT BARRIER REEF CRUISE

DATE: Saturday 18th May – Saturday 25th May

AGE: 18+

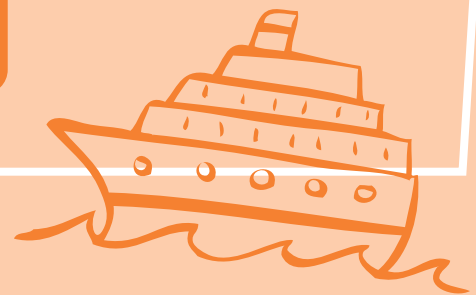
Exact dates and times to be confirmed upon booking flights

LOCATION: Pacific Dawn Cruises

This cruise is dedicated to the incredible Great Barrier Reef – one of the seven wonders of the natural world. With three ports from which you can explore the pristine reef, coral cays and tropical islands, take the opportunity to enjoy a brand new adventure!

out of
pocket cost
\$TBC

NDIA
funding
required
\$TBC



NEW ZEALAND

DATE: Monday 18th November – Monday 25th November (approximate) **AGE:** 18+

Exact dates and times to be confirmed upon booking flights

LOCATION: North Island

We're heading back to NZ in 2019! It's our closest neighbouring country, and there is so much to love about New Zealand. Due to the popularity of our first trip to Auckland and Rotorua we are going to offer a similar trip. Think rolling hills, Hobbiton, glow worm caves, lovely cultural activities and scenic tours.

out of
pocket cost
\$TBC

NDIA
funding
required
\$TBC



Expressions of Interest – Interstate and International/ Cruising Holidays

NDIA funding must be confirmed to secure your place on an interstate or international holiday. If you are due for a plan review and do not have allocated funding for the period of the holiday, unfortunately we will not be able to offer you a place. A waitlist will be available in this instance. If you do not have confirmed funding for the period of the holiday we recommend contacting your relevant NDIA Planner, LAC or Support Coordinator as soon as possible to discuss your options before completing your expression of interest.

Deposits and final payment must be paid by the nominated dates to secure your place. It is a condition of travel that all participants who are offered a place on an international holiday must hold a valid passport at the time of final payment.

Travel insurance – For interstate and overseas programs customers are required to have travel insurance. The Leisure Networks team may not always provide the Insurance as part of the activity cost package. In this instance, we will support you to work with an authorised sales agent (such as a travel agent) to purchase insurance. All travel claims must be made with the Travel Insurance Company directly.

JANUARY

GIPPSLAND

14th – 18th
18+

GIPPSLAND

21th – 24th
13 – 18 yrs

FEBRUARY

SCHOOL LEAVERS TRANSITIONS

8th – 10th
17 – 25 yrs

ANGAHOOK

22nd – 24th
18+

MARCH

ANGAHOOK

2nd – 3rd
6 – 12 yrs

DAYLESFORD

15th – 17th
18+

DAYLESFORD

22nd – 24th
13 – 18 yrs

CANBERRA

25th – 29th
18+

APRIL

MELBOURNE FOOD & COMEDY

9th – 10th
18+

ANGAHOOK

15th – 16th
13 – 18 yrs

PHOTOGRAPHY ENTHUSIASTS

26th – 28th
18+

MAY

BEECHWORTH

3rd – 5th
18+

GREAT BARRIER REEF CRUISE

18th – 25th
18+

JUNE

NAGAMBIE BLOKES TRIP

31st – 2nd
18+

MORNINGTON PAMPER

14th – 16th
16+ yrs

YARRAWONGA

28th – 30th
13 – 18 yrs

Turn over for the second half of the year! →

JULY

YARRAWONGA
5th – 7th
18+

MELBOURNE
18th – 19th
13 – 18 yrs

**MELBOURNE
MAGIC**
26th – 27th
18+

AUGUST

**MERRIJIG
SNOW**
2nd – 4th
13 – 18 yrs

**MERRIJIG
SNOW**
8th – 11th
18+ yrs

**MERRIJIG
SNOW**
16th – 18th
18+ yrs

DARWIN
26th – 30th
18 + yrs

SEPTEMBER

WARRNAMBOOL
13th – 15th
13 – 18 yrs

OCTOBER

BENDIGO
1st – 3rd
18+ yrs

HEALESVILLE
11th – 13th
13 – 18 yrs

TASMANIA
14th – 18th
18+

MERRICKS
26th – 27th
6 – 12 yrs

NOVEMBER

HEALESVILLE
8th – 10th
18+ yrs

**NEW ZEALAND
NORTH ISLAND**
18th – 25th
18+

PHILLIP ISLAND
29th – 1st
13 – 18 yrs

DECEMBER

PHILLIP ISLAND
13th – 15th
18+ yrs